PROJECT HORSE EMPOWERMENT CENTER

Weekly Social Skills Classes – Fall 2017

SOCIAL SKILLS CLASSES

For high-functioning teens on the autism spectrum

- Supportive coaching classes for teens struggling with low self-esteem, poor social confidence, depression and/or anxiety
- Hands-on experiential activities with peers and horses build individual coping skills and self-confidence, and promote positive interpersonal communication skills
- Non-riding interactions with the horses teach empathy, responsibility, teamwork and creative problem-solving
- Co-facilitated by one of our specialists who holds a master's degree in psychology and two of our certified equine specialists

Referrals accepted from families and professionals.

Teen Class
Boys ages 11-14

Thursdays
Sept. 21 – Nov. 9
6:00-7:15pm

Classes held at the Project Horse Empowerment Center in beautiful western Loudoun

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18915 Lincoln Rd.
Purcellville, VA

$55 per class

10% off when you pay for all 8 at once

FOR DETAILS & REGISTRATION

www.projecthorse.org
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